Athletics Update

1. Athletic Department Background
2. The World of Athletics
3. Oyster Bay Athletics: Snapshot
4. Recognition of Athletes
5. What’s New?
6. What’s Next?
Oyster Bay-East Norwich Athletics Philosophy

We strive to provide an athletic program consisting of a variety of experiences to aid in developing positive habits and attitudes to prepare them for a healthy lifestyle. Our program consists of three levels:

1. **Modified**: Refers to 7th and 8th grade athletics. At this level the emphasis is on teaching and experiencing competition, not wins and losses.

2. **Junior Varsity**: This is the entry level of high school (9-12) athletics. This is still instructional, but playing time is based on skill and learning how to win by executing a strategy.

3. **Varsity**: This is the highest level of competition within the athletic program. The emphasis reaching team goals. Sometimes it may be a season of development or it could be winning championships.

“We are setting student-athletes up for the next level of life, not the next level of athletics.”

–Dr. Robert Zayas, NYSPHSAA Executive Director
Oyster Bay, Section VIII, and New York State

• The New York State High School Athletic Association (NYSPHSAA) is the governing body for athletics and works under the regulations set by the State Education Department.

• NYSPHSAA is broken in to 11 regions called sections. Nassau County is Section VIII.

• Oyster Bay teams compete in the regular season against schools from all across Nassau County and other approved schools.

• Oyster Bay competes against smaller schools for County Championships in Class B, Class C, or Class D.

• Depending on the sport, Oyster Bay can be the only Class D sport or one of 6 Class B schools.
The Wide World of Oyster Bay Athletics
It takes a full team to support our student-athletes and teams!

- Board of Education
- District Administration
- Building Principals
- Department Directors/Supervisors
- Athletic Secretary
- Coaches
- Athletic Trainer
- School Physician
- Grounds Crew
- Custodial Staffs
- Oyster Bay Athletic Booster Club
- Hall of Fame Committee
- Security
- Supervisors/Scorekeepers/Timers
- Business Office
- Health Offices
- Buildings & Grounds Office
- Personnel Office
- Computer Support
# Oyster Bay's Athletic Offerings 2019-2020

## Participants 2018-2019

<table>
<thead>
<tr>
<th>Level</th>
<th>Teams</th>
<th>Award Winners</th>
</tr>
</thead>
<tbody>
<tr>
<td>Varsity</td>
<td>32</td>
<td>282</td>
</tr>
<tr>
<td>JV</td>
<td>10</td>
<td>92</td>
</tr>
<tr>
<td>Modified</td>
<td>24</td>
<td>167</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>60</strong></td>
<td><strong>541</strong></td>
</tr>
</tbody>
</table>

## High School Seasons (Varsity & Junior Varsity)

<table>
<thead>
<tr>
<th></th>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cheerleading (Co-ed)</td>
<td>V</td>
<td>Basketball (Boys) V/JV</td>
<td>Badminton (Girls) V/JV</td>
</tr>
<tr>
<td>Crew (Boys &amp; Girls)</td>
<td>V/JV</td>
<td>Basketball (Girls) V/JV</td>
<td>Baseball (Boys) V/JV</td>
</tr>
<tr>
<td>Cross Country (Boys)</td>
<td>V</td>
<td>Bowling (Boys) V</td>
<td>Crew (Boys &amp; Girls) V/JV</td>
</tr>
<tr>
<td>Cross Country (Girls)</td>
<td>V</td>
<td>Bowling (Girls) V</td>
<td>Golf (Boys) V</td>
</tr>
<tr>
<td>Field Hockey (Girls)</td>
<td>V/JV</td>
<td>Cheerleading (Co-ed) V</td>
<td>Lacrosse (Boys) V/JV</td>
</tr>
<tr>
<td>Football (Boys)</td>
<td>V/JV</td>
<td>Fencing (Boys) V</td>
<td>Lacrosse (Girls) V/JV</td>
</tr>
<tr>
<td>Soccer (Boys)</td>
<td>V/JV</td>
<td>Fencing (Girls) V</td>
<td>Softball (Girls) V/JV</td>
</tr>
<tr>
<td>Soccer (Girls)</td>
<td>V/JV</td>
<td>Indoor Track (Boys) V</td>
<td>Tennis (Boys) V</td>
</tr>
<tr>
<td>Tennis (Girls)</td>
<td>V</td>
<td>Indoor Track (Girls) V</td>
<td>Track &amp; Field (Boys) V</td>
</tr>
<tr>
<td>Volleyball (Girls)</td>
<td>V/JV</td>
<td>Wrestling (Boys) V</td>
<td>Track &amp; Field (Girls) V</td>
</tr>
</tbody>
</table>

## Modified Seasons (7th & 8th Graders)

### MS Fall

<table>
<thead>
<tr>
<th></th>
<th>Basketball (Boys) V/JV</th>
<th>Baseball (Boys) 8</th>
<th>Lacrosse (Boys) 7/8</th>
<th>Lacrosse (Girls) 7/8</th>
<th>Softball (Girls) 7</th>
<th>Track &amp; Field (Boys &amp; Girls) 7/8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crew (Boys &amp; Girls)</td>
<td>7/8</td>
<td>7</td>
<td>8</td>
<td>7/8</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td>Cross Country (Boys &amp; Girls)</td>
<td>7/8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Field Hockey (Girls)</td>
<td>7/8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Football (Boys)</td>
<td>7/8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Soccer (Boys)</td>
<td>7/8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Soccer (Girls)</td>
<td>7/8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### MS Winter I

<table>
<thead>
<tr>
<th></th>
<th>Basketball (Boys) 8</th>
<th>Volleyball (Boys) 7</th>
<th>Volleyball (Girls) 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fencing (Boys &amp; Girls) Intramural</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### MS Winter II

<table>
<thead>
<tr>
<th></th>
<th>Basketball (Boys) 7</th>
<th>Basketball (Girls) 8</th>
<th>Volleyball (Boys) 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Golf (Boys &amp; Girls, 7-12) Intramural</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### MS Spring

<table>
<thead>
<tr>
<th></th>
<th>Baseball (Boys) 7</th>
<th>Baseball (Boys) 8</th>
<th>Lacrosse (Boys) 7/8</th>
<th>Lacrosse (Girls) 7/8</th>
<th>Softball (Girls) 7</th>
<th>Track &amp; Field (Boys &amp; Girls) 7/8</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>7</td>
<td>8</td>
<td>7/8</td>
<td>7/8</td>
<td>7</td>
<td>8</td>
</tr>
</tbody>
</table>

- MS Fall: Crew (Boys & Girls), Cross Country (Boys & Girls), Field Hockey (Girls), Football (Boys), Soccer (Boys), Soccer (Girls), Volleyball (Girls), Wrestling (Boys)
- MS Winter I: Basketball (Boys), Basketball (Girls), Fencing (Boys), Fencing (Girls), Indoor Track (Boys), Indoor Track (Girls)
- MS Winter II: Fencing (Boys & Girls) Intramural
- MS Spring: Baseball (Boys), Baseball (Girls), Lacrosse (Boys), Lacrosse (Girls), Softball (Girls), Track & Field (Boys & Girls)
Offerings and School Size: Plenty of Options!

Oyster Bay (BEDS number 367) offers 44 high school teams. How do we stack up?

- 7 MORE teams than Mineola (639)
- 5 MORE teams than Island Trees (567)
- 4 MORE teams than Locust Valley (511)
- 9 MORE teams than Wheatley (430)
- 9 MORE teams than Malverne (406)
- 13 MORE teams than Carle Place (300)
- 7 MORE teams than Friends Academy (291)
- 17 MORE teams than East Rockaway (268)
- 5 FEWER than Cold Spring Harbor (465)
The Benefits and Challenges of Our Small School and Offerings:

**Benefits:**
- Promotes various ways for an active and healthy lifestyle
- Students have access to a variety of teams and experiences
- Fewer situations of ‘cutting’ athletes
- Multiple years of varsity recognition
- Few schools of similar size/class
- All health benefits of athletic participation

**Challenges:**
- Interests and sized of each grade vary
- Attracting enough student-athletes for teams
- Talent is spread out each season/team success (wins/losses)
- Conflicts with other extracurricular activities
- Gym and field space
- Sports specialization and other state-wide participation challenges
The OB Athletic Experience!
Commitment and Character!
Commitment and Character!
Commitment and Character!
## Athletic Participation by the Numbers (2018-2019)

<table>
<thead>
<tr>
<th>Grade</th>
<th>Students</th>
<th>Total Athletes/Students</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>123</td>
<td>95</td>
<td>77%</td>
</tr>
<tr>
<td>8</td>
<td>106</td>
<td>72</td>
<td>68%</td>
</tr>
<tr>
<td>Modified Totals</td>
<td><strong>229</strong></td>
<td><strong>167/229</strong></td>
<td><strong>73%</strong></td>
</tr>
<tr>
<td>9</td>
<td>126</td>
<td>69</td>
<td>55%</td>
</tr>
<tr>
<td>10</td>
<td>139</td>
<td>75</td>
<td>54%</td>
</tr>
<tr>
<td>11</td>
<td>122</td>
<td>65</td>
<td>53%</td>
</tr>
<tr>
<td>12</td>
<td>115</td>
<td>73</td>
<td>63%</td>
</tr>
<tr>
<td>High School totals</td>
<td><strong>502</strong></td>
<td><strong>282</strong></td>
<td><strong>56%</strong></td>
</tr>
</tbody>
</table>

Athletes at the JV or Varsity Level
# Where our Student-Athletes Train & Compete

<table>
<thead>
<tr>
<th><strong>Roosevelt:</strong></th>
<th><strong>Vernon:</strong></th>
<th><strong>High School:</strong></th>
<th><strong>Park:</strong></th>
<th><strong>Offsite:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Memorial Field</td>
<td>All Fields</td>
<td>Tennis Courts</td>
<td>Turf</td>
<td>Sheridan Lanes</td>
</tr>
<tr>
<td>Gymnasium</td>
<td>Gymnasium</td>
<td>Field</td>
<td>Sagamore Rowing</td>
<td>East Meadow Lanes</td>
</tr>
<tr>
<td></td>
<td>Butler building</td>
<td>Gymnasium</td>
<td></td>
<td>Bethpage State Park</td>
</tr>
<tr>
<td></td>
<td>Track</td>
<td>Library</td>
<td></td>
<td>Eisenhower/Cantigue</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Wrestling Room</td>
<td></td>
<td>Mill River CC</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Fitness Room</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- Park: Turf, Sagamore Rowing
- Offsite: Sheridan Lanes, East Meadow Lanes, Bethpage State Park, Eisenhower/Cantigue, Mill River CC, St. Anthony’s High School
What’s new?

Team Offerings:
- Crew (Fall, Spring, & Modified)
- Competitive Cheer
- Junior Varsity Badminton
- 7 & 8 Boys Volleyball
- Intramurals Offered: 7/8 Fencing, 7/8 Cheer, 7-12 Golf
- Challenger Events for Students with Special Needs
- Signage at Each School
- Hall of Fame Area Additions

Facilities:
- Fitness Room Upgraded/Resurfaced
- Butler Building Floor Resurfaced
- Infields of Baseball & Softball Fields
- Field House at Vernon
- Dugouts with Shadings
- Portable Shadings at Vernon
- Softball Scoreboard
Communicating with Athletes and Families

- Webpage Updates
- Mass Emails
- Summer Mailing
- Incoming 7th Grade Orientation
- SportsYou App
- Twitter (@K Trentowski)
- Team Parent Meetings
- Lobby TV
- Announcements
- Marquees
- Hudl Accounts
Recognizing and Promoting our Athletes

• Varsity Awards Banquet
• JV Athletic Luncheon
• 7/8 Ice Cream Social
• Signing Days
• Local Media Outlets
• Board of Education Recognitions
• “Triple OB” Awards
• Booster Club Scholarships
• Special OB Scholarship Awards
• Youth League Scholarship Awards
• Local Scholarship Awards
• News 12 Scholar Athletes
• Section VIII Awards Dinners
• Athletes of the Month
• Youth Leadership Conference
• Captains Breakfast
• Athletic Showcases at Vernon
• Musicians Performing at Sporting Events
• Student Artwork Displayed
• Hall of Fame
November 2019

ATHLETES of the Month

Katie Moore

Kristen Aasheim

Volleyball: Katie Moore is Athlete of the Month and Kristen Aasheim is Athlete of the Month. Katie and Kristen are the captains of the team who do a great job of leading by example. Katie Moore is the middle hitter and has a great sense of the game and is a key player in our success. She is a dominant blocker and a powerful hitter. Kristen Aasheim is the setter and plays a key role in our success. She is a skilled passer and a strong server. She is also an excellent passer and a key player in our team's success. The volleyball team is a close-knit group and the girls are all fine-acting in this year's season.

Coach: Amy Esch and Coach: Victoria Walsh
What’s next?

• Turf Field at Vernon
• Paperless forms for athletic participation
• Possible move from Spring to Fall Golf
• Challenger Competitions for non-graded students
• Possible addition of Boys’ Junior Varsity Volleyball in the fall of 2020
• Consider renovating the High School field to maximize space and possibly include turf
• Consider renovating the baseball/softball infields and converting to turf
• Expand role of Athletic Trainer
Questions or Comments

“We don’t grow when things are easy.
We grow when we face challenges.”