

OYSTER BAY HIGH SCHOOL ATHLETIC DEPARTMENT

ATHLETIC DEPARTMENT COPY

(Please sign and return this form to your child's coach)

Dear Parent or Guardian:

Your son/daughter is a candidate for one of the interscholastic athletic teams sponsored by the Oyster Bay-East Norwich Central School District. Not all students who wish to participate in interscholastic athletics may be able to do so. The size of a team is necessarily limited by the availability of supplies, equipment, and coaching staff. Cuts will be made, when necessary, on the basis of skill development, readiness for competition, and observance of the rules. It is important that you and your son/daughter review and understand the goals of the program and **agree to abide by the rules** established by the district for the benefit of those who participate both as players and as students.

MEDICAL REQUIREMENT

- a. To be eligible for participation, a student must have passed a physical examination for the activity they wish to participate in. Physicals exams are provided free of charge by the school district before each season. Physicals done by family physicians must be completed a school form and given to the school nurse for final clearance.
- b. Athletic physicals are valid for one calendar year from the date in which they were administered. If a physical expires during the course of a season the athlete will be permitted to complete the season. The athlete will not be eligible for subsequent seasons/teams until they complete a new physical with their physician. All students must be cleared by the school nurse prior to trying out each sport season.
- c. A student who cannot participate in physical education for a medical reason is ineligible to compete in interscholastic athletics until they are fully cleared by the physician and the school nurse.

STUDENT SAFETY/INSURANCE

- a. While the coaching staff and other school officials will take reasonable steps to protect your son/daughter against injury by providing appropriate equipment, safe facilities, and being trained to reduce the impact of accidents; injuries will occur and on a very rare occasion may be serious and disabling. If you are concerned about this possibility you should discuss it with your son/daughter's coach.
- b. School insurance for the medical treatment of sports related injuries is applicable only after the parent's health insurance, if any, has been used. The insurance coverage provided by the school district is limited and may not cover the full cost of treatment. The cost of providing unlimited medical coverage by the school district is so costly that it would be impractical to continue school sponsored interscholastic sports.
- c. **Concussion Management**: The Concussion Management and Awareness Act became effective July 2012 through the New York State Department of Education. If an athlete displays signs, symptoms, or behaviors that are consistent with a concussion, they will be removed from the game and will not be allowed to return. As per the new law, concussion information must be provided to families to help increase the awareness of concussions and improve the care given to those in recovery. Please read the attached information from the New York State Public High School Athletic Association. Oyster Bay School District needs parental permission to also administer the ImPACT baseline test to athletes who participate in sports in which inherent contact may increase the risk of a head injury. ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing) is the first, most-widely used, and most scientifically validated computerized concussion evaluation system. ImPACT was developed to provide useful information to assist qualified physicians in making sound return to play decisions following concussions. By signing this packet, you are allowing Oyster Bay School District to record a baseline test for your child, which would be used as a comparative tool for a Certified ImPACT Consultant.

USE OF EQUIPMENT

- a. School equipment issued to your son/daughter for participation is his or her responsibility and must be returned promptly upon request. Athletic equipment is not to be worn without the consent of the coach. Athletic uniforms are **not** to be worn during physical education class.
- b. Reimbursement from the student will be expected for loss or destruction beyond ordinary wear and tear. Failure to return or pay for equipment issued to you will result in your not being permitted to try out for the next sport season.

ACADEMICS and ATTENDANCE

- a. Within the first three team meetings the coach will explain the attendance and training rules as well as eligibility rules for participation. In addition to the strict observance of these rules, your son/daughter will be expected to continue to meet all regular school obligations of citizenship and academic achievement.
- b. All students are expected to pass all subjects. Failure to maintain a passing average in all other subjects may result in being placed on probation from the activity, until improvement is displayed, as judged by the Athletic Director. Participation may or may not continue during the probation. Continued academic failure may result in being suspended from the activity.
- c. Students absent or suspended from school may not practice or participate in games that day or evening unless the student has been excused in advance by the principal. To be eligible to participate, a student must arrive in school by the end of period 4. Additionally, an athlete is expected to punctually attend all classes each day of the week and respect school property and equipment. Information about cutting will be given to the Athletic Director and your coach

who will consult with you. Continual cutting will result in temporary or permanent suspension from the team. Attendance at all practices and games is mandatory.

- d. It is the athlete's responsibility to notify the coach in the event it becomes necessary to miss a practice or game. If you are unable to contact your coach, you must contact the Athletic Office at 624-6557/8. Violations reported to the coach will result in disciplinary actions such as suspension from scheduled contests or dismissal from the team.
- e. Athletes are required to travel to and from away contests on the team bus. Should a situation arise where an athlete is to travel home with a parent they must submit a letter to the Athletic Director 24 hours in advance and sign a release form with the coach at the contest.

BEHAVIOR

Every student-athlete must abide by the Oyster Bay – East Norwich Central School District Code of Conduct. If a candidate is selected for a team, he or she accepts the added responsibility of representing the school and the Oyster Bay Community. Participation in extra curricular activities such as interscholastic sports is a privilege and not a right. Therefore, any violations of the Code of Conduct may result in various forms of discipline including removal from interscholastic sports programs.

- a. **Sportsmanship:** It is important for athletes to remember that participation is a privilege that is not to be abused by unsportsmanlike conduct. The Oyster Bay athlete is to demonstrate self-control and respect for teammates, other athletes, officials, and spectators at all times. The Oyster Bay parent/guardian is to also demonstrate self-control and respect for athletes, officials, and spectators at all times. District athletes are expected to treat opponents with respect before, during, and after competitions. Congratulations, shaking hands and other acts of good sportsmanship are expected. Students are expected to display good citizenship during the school day, on the athletic field, and in the community. You are representing the school district, so you are expected to act accordingly. **Behavior that is less than acceptable will lead to temporary or permanent suspension from the team.** Specific information and expectations of the Section 8 Sportsmanship Code of Conduct will be reviewed with each team prior to the first contest. Additionally, all parents are expected to reinforce the values of positive sportsmanship and display such behaviors at all contests.
- b. **Hazing:** Hazing is a crime in New York State. *N.Y. Penal Law states: “a person is guilty of hazing...when in the course of another person’s initiation or affiliation with any organization, he intentionally or recklessly engages in conduct which creates a substantial risk of physical injury to such other person or a third person.”*
Any form of harassment whether it is physical or verbal, should not be condoned by a victim, coach, staff, school administration, fellow students and especially team members. Any student found to have committed an act of harassment against any student in the District, including team members, will be faced with disciplinary action which may include suspension from their athletic team and suspension from school. Team members are fully expected to notify a coach and other school officials if any such behavior is observed.

These rules, regulations, and procedures will be enforced. They have been devised to help maintain the integrity of the athletic program here in Oyster Bay and to help each and every student athlete have a safe, successful and enjoyable athletic experience. Please contact me at 624-6557/8 if you have any questions regarding these guidelines or the Interscholastic Athletic program.

Please Print _____
 Student Name Grade Date of Birth Team

I have read and understand the conditions under which my son/daughter becomes a member of an athletic squad, and give my consent to his/her participation.

The Oyster Bay parent/guardian is to also demonstrate self-control and respect for athletes, officials, and spectators at all times.

Please Sign _____
 Parent or Guardian Date

I have read and understand the conditions under which I must abide for my continued participation on an athletic squad.

Please Sign _____
 Student/Athlete Date

Concussion Care

I have read the attached concussion information that was provided and also give Oyster Bay – East Norwich Central School District to administer the ImPACT baseline cognitive test.

Please Sign _____
 Parent or Guardian Date